



NAME: Bsc Portland Clinic

DATE: 8-28-11

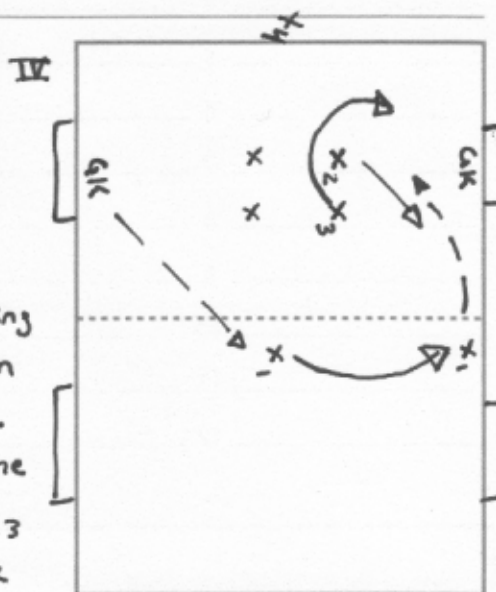
TOPIC: Shooting # 2

SESSION OBJECTIVE: \_\_\_\_\_

EQUIPMENT NEEDS

OUTLINE / COACHING POINTS: \_\_\_\_\_

**IV Activity 2: Wide Player Crossing**  
 Ball starts with GK thrown or punted out wide to X<sub>1</sub>.  
 X<sub>1</sub> takes the ball down line and crosses for X<sub>2</sub> and X<sub>3</sub>  
 Both sides going at the same time.



Progression - Add defender.

Wide players must overlap or wall pass.

**V Activity 3: 2 v 2 + 2 wide**  
 Yellow versus Blue plus 2 wide crossers.

Progression - Extra point  
 1 touch finish



**VI Open Play 4 Goals**

Coaching Points:

- 1) Change the point of attack
- 2) Quality crosses
- 3) Attack open space quickly